

# **Flame and Furnace AAS as an efficient tool for clinical diagnostic – Determination of Cu, Zn and Se traces in human serum**

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# What is Serum (I)

- **Serum is a part of the human blood**

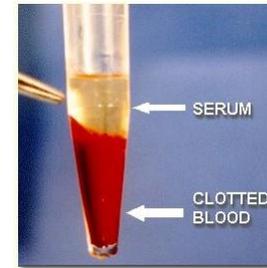
- Take a blood sample
- Let it coagulate 15-30 min
- Centrifugation 5-10 min @ 2500 rpm
- Collect liquid supernatant

- **Serum is not the blood plasma!**

- Plasma is supernatant of anti-coagulated blood
- Serum = Plasma – Clotting Factors (clotting proteins)

- **Serum is free of**

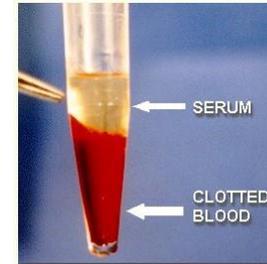
- Blood cells (no white or red blood cells)
- Clotting factors



<http://medimoon.com/2012/07/difference-between-plasma-and-serum/>

# What is Serum (II)

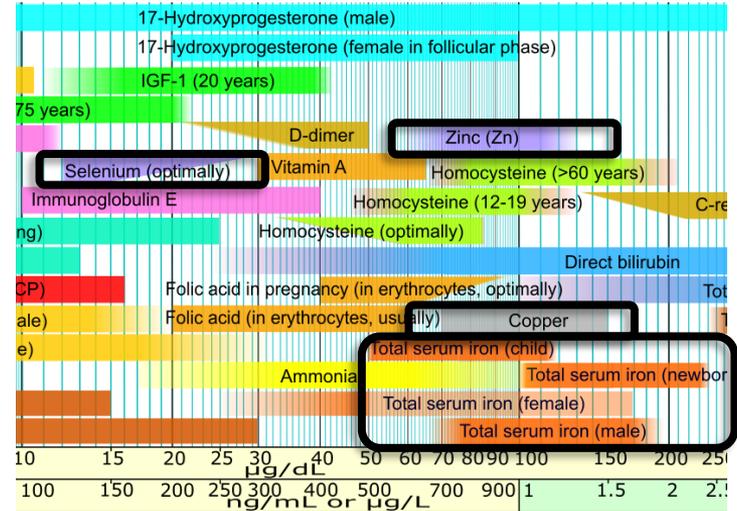
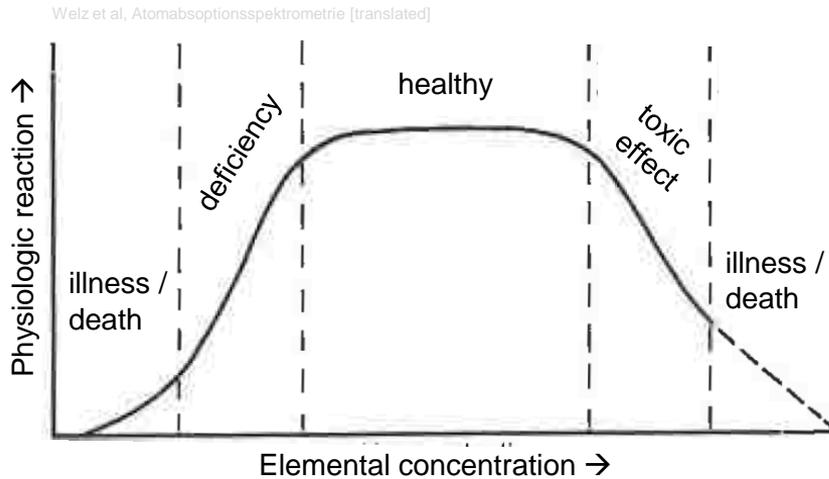
- **Serum is the most preferred specimen in Clinical Chemistry**
  - Basically less interferences can occur, because
  - No need to add anti-coagulants (like for plasma)
- **But it still contains:**
  - electrolytes,
  - antibodies,
  - antigens,
  - hormones, ....
- **Basically water and proteins**
  - 91% water
  - 7% proteins
  - 2% electrolytes, nutrients, waste products (urea,...) and hormones
  - any exogenous substances (e.g. drugs and microorganisms)



<http://medimoon.com/2012/07/difference-between-plasma-and-serum/>

# Clinical Chemistry / Diagnostic

- Physiological properties of essential trace elements
- **The more the better? – No !**



[https://en.wikipedia.org/wiki/Blood\\_plasma](https://en.wikipedia.org/wiki/Blood_plasma)

- Concentration ranges are of interest

# Choice of elemental analysis technique

The question is what you need!

- **ICP-MS** (Shimadzu ICPMS-2030)

- Ultra traces to higher concentrations
- Fast (one single measurement generates all results in 1-3 mins)



- **ICP-OES** (Shimadzu ICPE-9820)

- Traces to higher concentrations (very sufficient for electrolytes)
- Difficult e.g. for direct determination of selenium traces
- For ultra traces:  
Accessories like hydride system or ultrasonic nebulizer might help



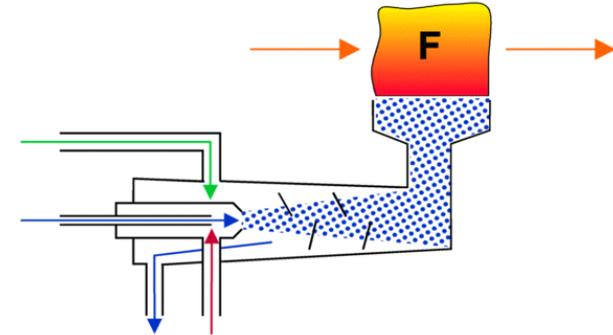
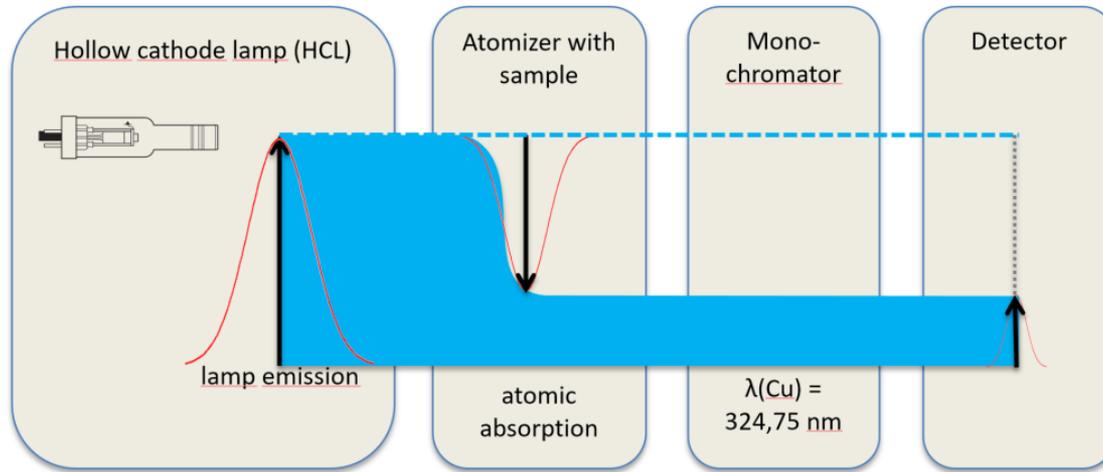
- **AAS** (Shimadzu AA-7000)

- Focusses each element separately
- Flame for electrolytes and Furnace for traces
- Easy handling / lowest prize segment



# Serum Analysis by Flame AAS (I)

- Most easy handling and robust
- Simple dilution, followed by direct sample aspiration

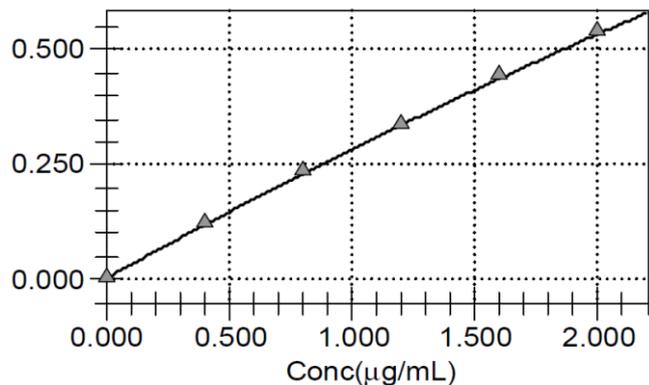


Example: Shimadzu AA-7000F

# Serum Analysis by Flame AAS (II)

## ● Lithium

- Li-compounds: therapeutic agents (psychiatric disorders)
- Control necessary to avoid side effects
- 0.2 ml sample + 0.2ml Cs buffer + 1.6ml acidified water
- $V_{\text{min,flame}} = \sim 2\text{ml}$  (question of reproducibility)



Sample Name	Analysis Value(µg/mL)	Certified Value(µg/mL)
NIST 909b Level I	4.20	4.265 ±0.0034
NIST 909b Level II	17.6	18.04 ±0.016

SHIMADZU Application News No. A316A

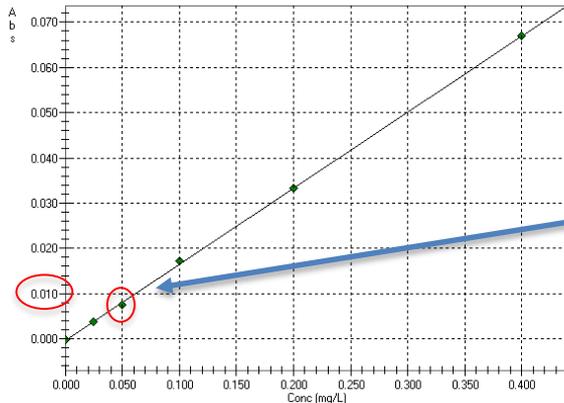
# Serum Analysis by Flame AAS (III)

## ● Copper

- Cu is present in many enzymes
- E.g. important for resorption of iron in the gastrointestinal tract

## ● Challenge: Flame Sensitivity still sufficient?

- Typically present in low concentrations: 750 to 1400  $\mu\text{g/l}$
- But: limited volume + serum viscosity requires factor 10 dilution
- Cu-deficiency  $\rightarrow$  concentrations far below 75  $\mu\text{g/l}$  needs to be determined



Client request:  
Stable analysis of 5  $\mu\text{g/l}$  Cu  
(50  $\mu\text{g/l}$  Cu in Serum)

# Serum Analysis by Flame AAS (IV)

## ● Copper - Challenge: Stability?

- Example – lowest QC is 50 µg/l Cu in serum
- → Real concentration is 5 µg/l (x10 dilution)
- Detected absorption signal is 0.008 Abs (peak height)
- → 0.001 Abs change = change of +/- 12.5 %

## ● Solution:

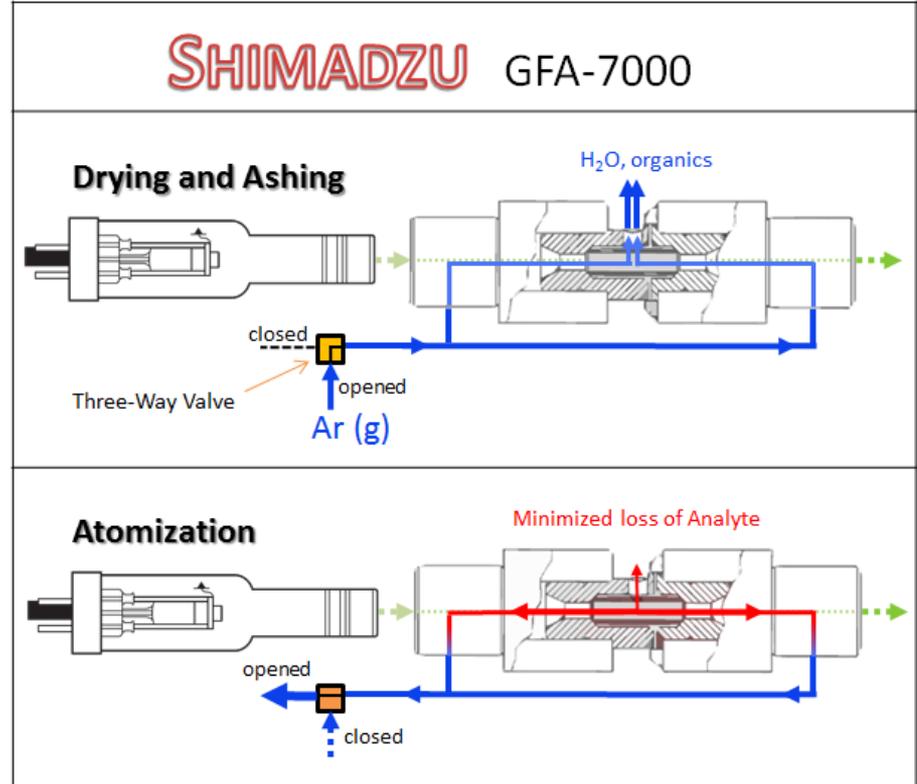
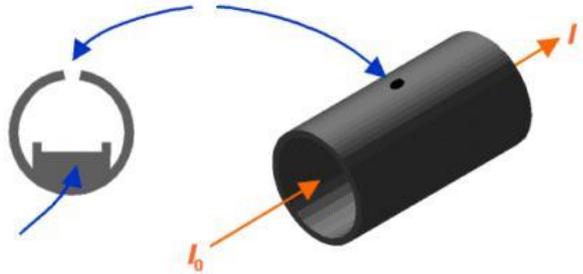
- Precise lamp current control
- Real double beam optics for real time drift correction
- Over 25 minutes (more than 20 samples)
  - the recovery of QC 50 is within the range of +/- 10% !
  - The drift is below 0.001 Abs !

Sample ID	Conc. (mg/L)	Abs.	Date	Time
etalon 0.025	0.0244	0.0038	08.11.2017	15:10:18
etalon 0.05	0.0470	0.0076	08.11.2017	15:11:08
etalon 0.1	0.1040	0.0172	08.11.2017	15:11:58
etalon 0.2	0.1991	0.0332	08.11.2017	15:12:49
etalon 0.4	0.3999	0.0670	08.11.2017	15:13:38
qc 200	0.2026	0.0338	08.11.2017	15:14:29
qc 50	0.0476	0.0077	08.11.2017	15:15:19
Serum L1	0.1836	0.0306	08.11.2017	15:16:10
qc 200	0.1997	0.0333	08.11.2017	15:17:02
qc 50	0.0517	0.0084	08.11.2017	15:17:53
qc 200	0.2074	0.0346	08.11.2017	15:18:43
qc 50	0.0494	0.0080	08.11.2017	15:19:35
Serum L1	0.1801	0.0300	08.11.2017	15:20:25
qc 200	0.2050	0.0342	08.11.2017	15:21:18
qc 50	0.0505	0.0082	08.11.2017	15:22:08
qc 200	0.2026	0.0338	08.11.2017	15:22:59
qc 50	0.0523	0.0085	08.11.2017	15:23:49
Serum L1	0.1812	0.0302	08.11.2017	15:24:41
qc 200	0.2026	0.0338	08.11.2017	15:25:32
qc 50	0.0547	0.0089	08.11.2017	15:26:23
qc 200	0.2050	0.0342	08.11.2017	15:27:14
qc 50	0.0500	0.0081	08.11.2017	15:28:05
Serum L1	0.1836	0.0306	08.11.2017	15:28:55
qc 200	0.2044	0.0341	08.11.2017	15:29:47
qc 50	0.0482	0.0078	08.11.2017	15:30:38
qc 200	0.1991	0.0332	08.11.2017	15:31:29
qc 50	0.0494	0.0080	08.11.2017	15:32:19
Serum L1	0.1812	0.0302	08.11.2017	15:33:10
qc 200	0.2044	0.0341	08.11.2017	15:34:02
qc 50	0.0494	0.0080	08.11.2017	15:34:53

Component	Analytical value	Analytical uncertainty		Method	Acceptable range	
		U	95 % Confidence interval			
Copper	Cu	1883 µg/L 29,6 µmol/L	91 1,4	1792 - 1974 µg/L 28,2 - 31,0 µmol/L	ICP-AES	1701 - 2065 µg/L 26,7 - 32,5 µmol/L

# Serum Analysis by Furnace AAS (I)

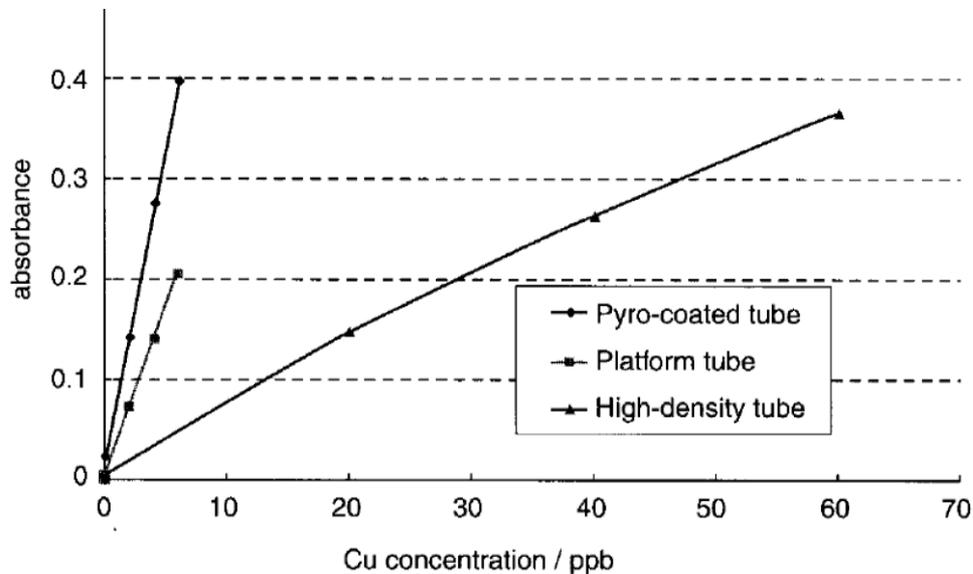
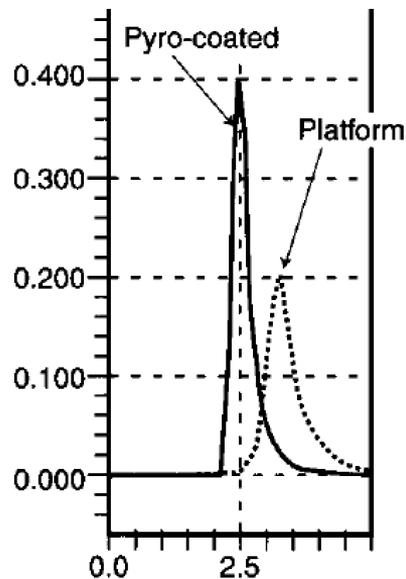
- Highly sensitive
- Low volumes
- More skills necessary



Example: Shimadzu AA-7000G

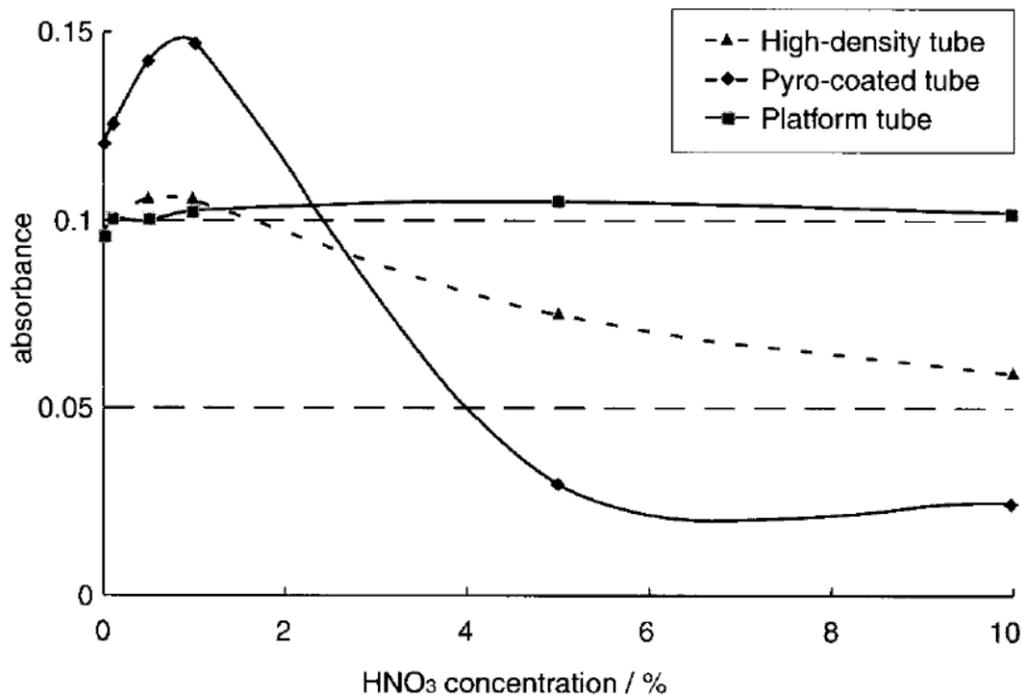
# How to achieve highest sensitivity

- A great help to achieve high sensitivity and reproducibility is the correct graphite tube selection!



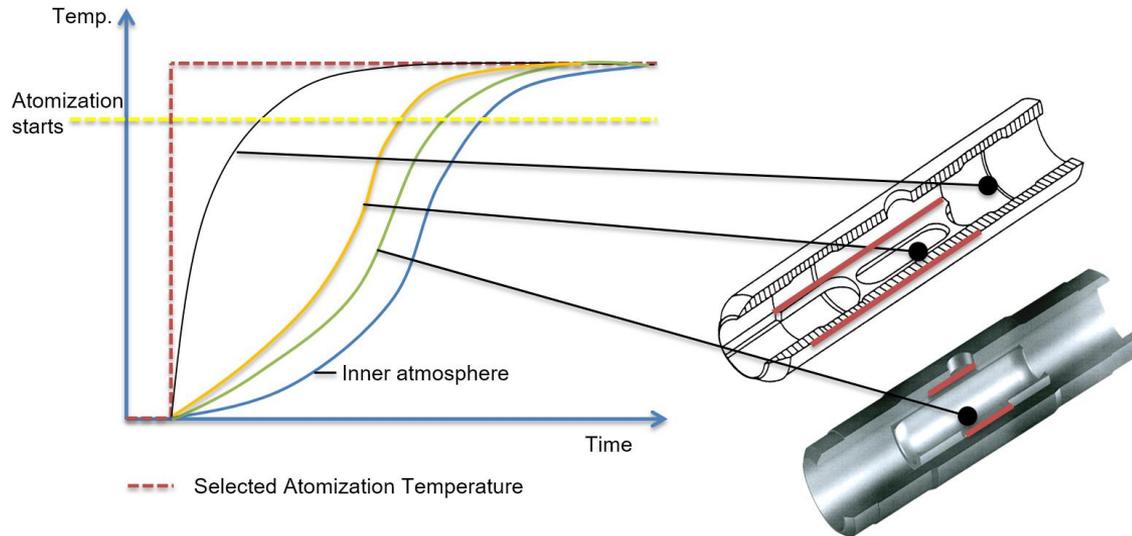
# Excellent Matrix Tolerance

- Matrix tolerance important for clinical samples



# How to achieve maximum performance

- Not every platform tube is the same...

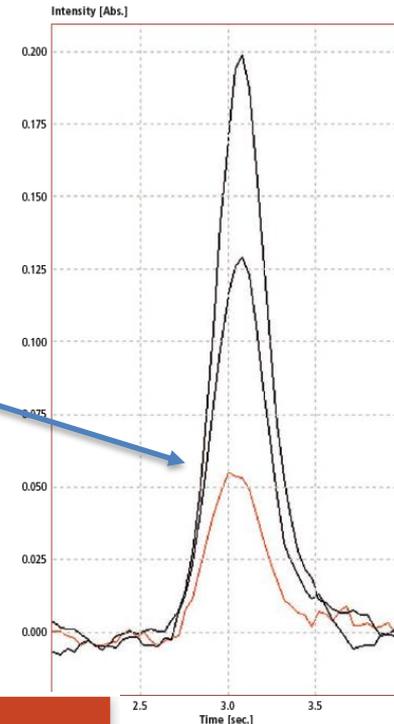
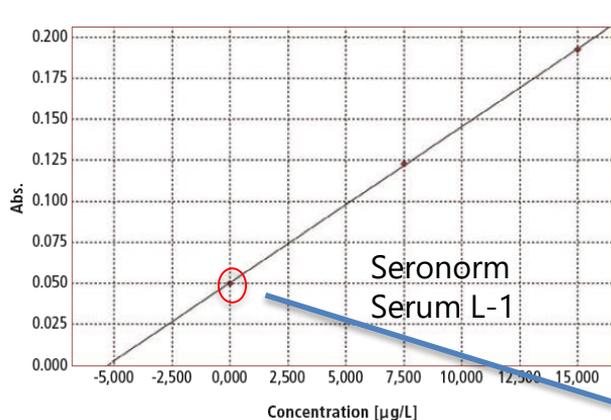
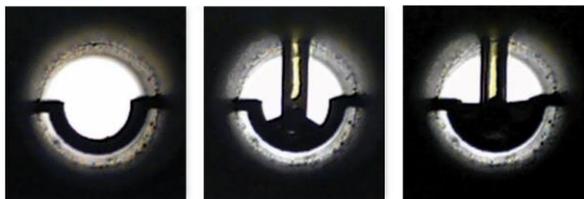


As less contact area between tube and platform, as higher is the time-delayed heating and as higher is the sensitivity/reproducibility enhancement.

# Serum Analysis by Furnace AAS (II)

## ● Selenium

- e.g. protection of cell membranes from oxidative destruction

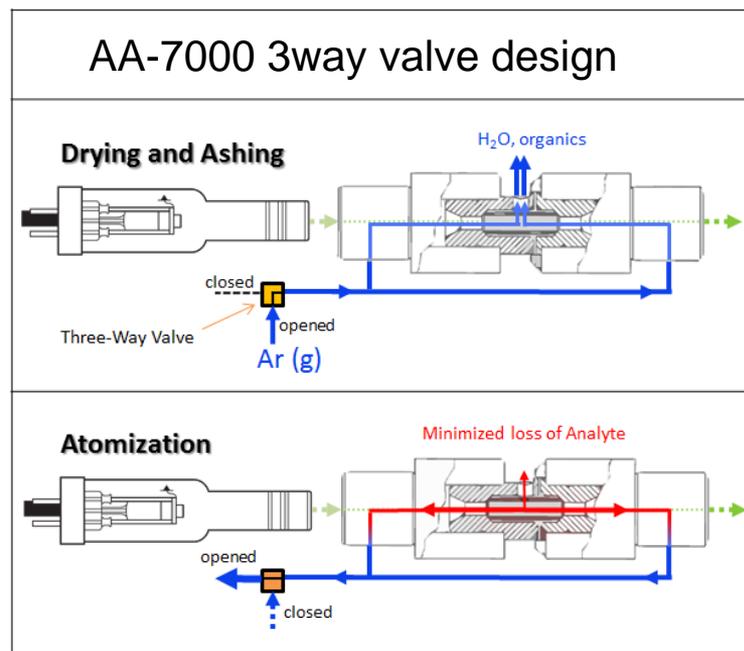
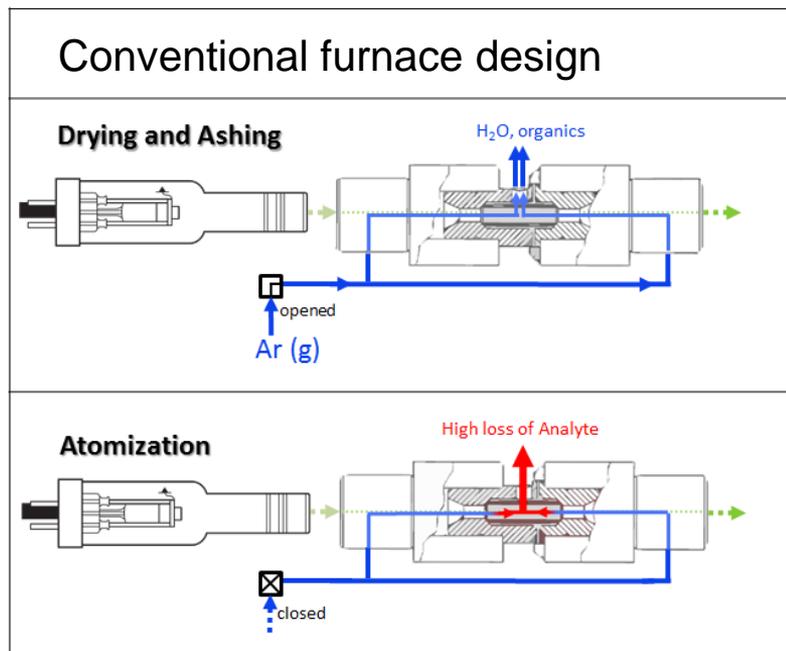


Sample volume	Water added	Standard added (Selenium concentration 30 µg/L)	Palladium modifier added	Resulting selenium addition
10 µL	10 µL	0 µL	5 µL	0 µg/L
10 µL	5 µL	5 µL	5 µL	7,5 µg/L
10 µL	0 µL	10 µL	5 µL	15 µg/L

Serum	Specifications in accordance with analysis certificate			Results Shimadzu AA-7000G			
	Measured values	Analyt. uncertainty*	Acceptable range	Measured values	RSD [%]	SD [µg/L]	Final result
Serum L-1	107 µg/L	100 - 114 µg/L	93 - 121 µg/L	107	3.92 %	4	107 ± 4 µg/L
Serum L-2	157 µg/L	150 - 164 µg/L	143-171 µg/L	158	4.00 %	6	158 ± 6 µg/L

# How to achieve highest sensitivity (II)

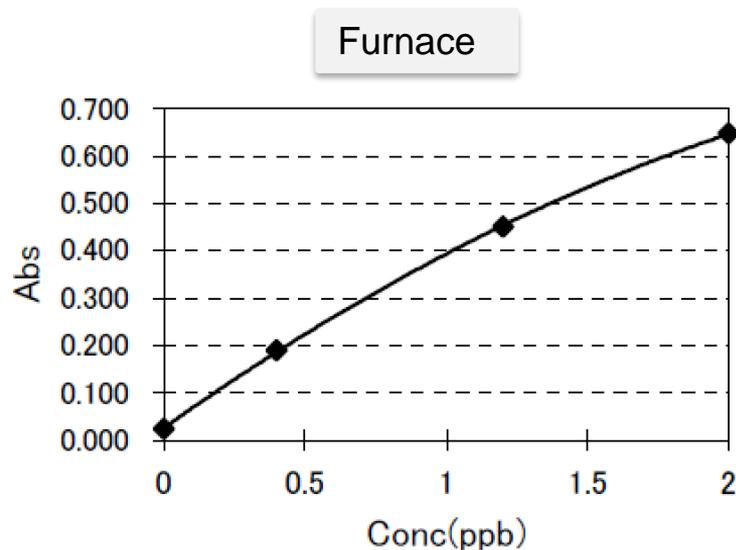
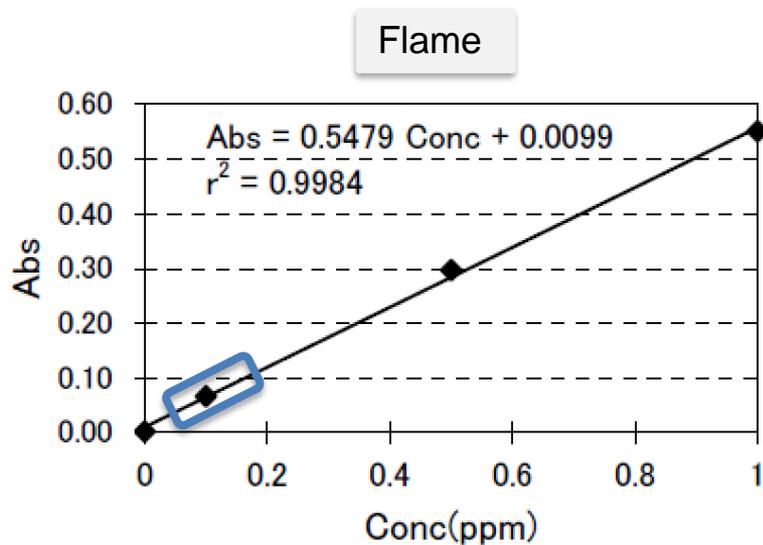
- Focus your atoms within the optical pathway!



# Serum Analysis by Furnace AAS (III)

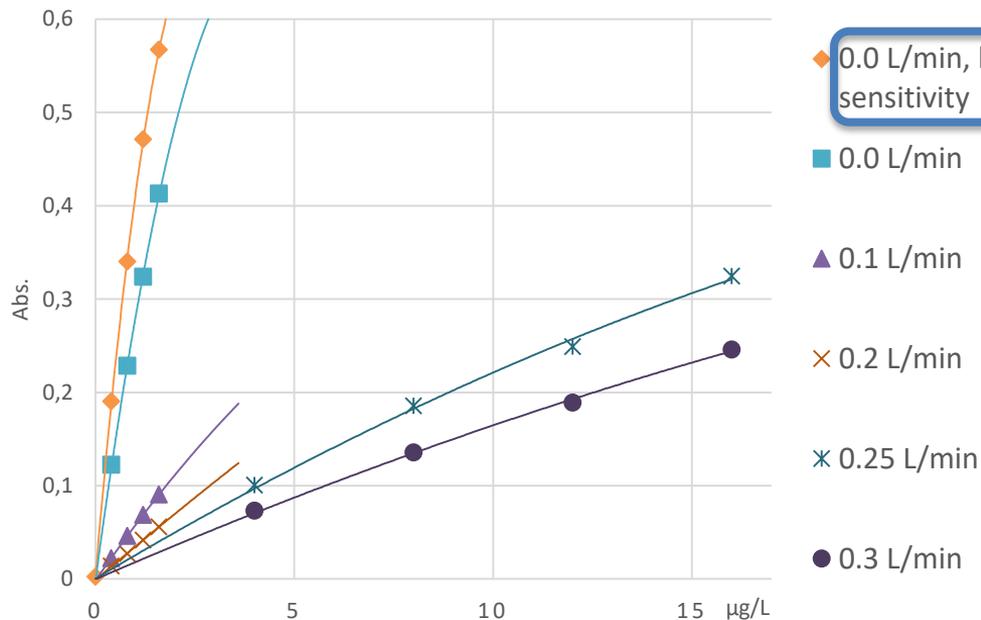
## ● Zink

- 2nd most abundant essential trace element
- Typical range is 600-1300 ppb (60-130 ppb after dilution)
- Flame AAS is the method of choice



# Serum Analysis by Furnace AAS (IV)

- Design your furnace sensitivity...



◆ 0.0 L/min, high-sensitivity → 3-way valve option!

Not only helpful for serum!  
Reduce sensitivity to decrease blank interferences due to the overall occurrence of Zn.

# Serum Analysis by Furnace AAS (V)

## ● Chromium

- Physiological importance is unclear
- Most likely the reason of analysis is because of its toxicity
- Can be released e.g. from metal implants

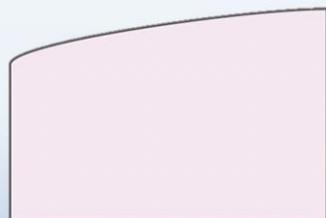
## ● Too high results by D2-BG-correction

- The recovery of reference serum was too high!
- Instead of 9.3 ppb the result was 22.8 ppb (245%)

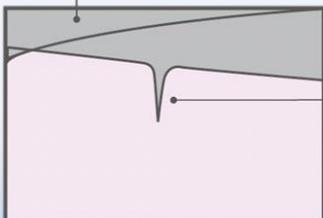
### → Background information

FIG 3

D2 lamp spectrum



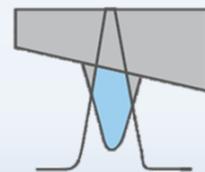
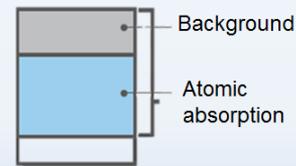
Background absorption



Atomic absorption

### → Analyte information (line absorption) + Background absorption

FIG 4

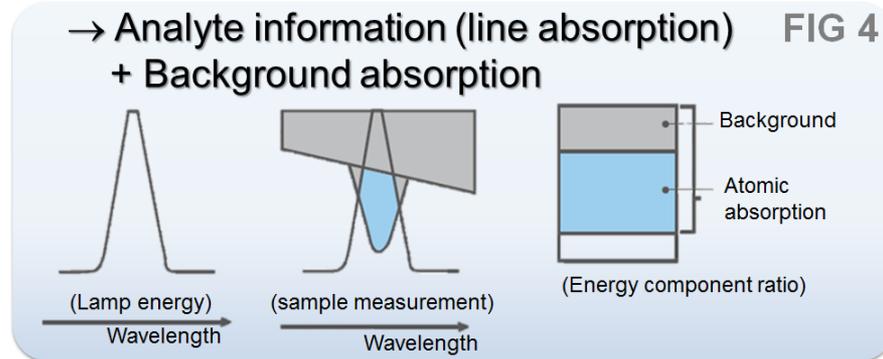
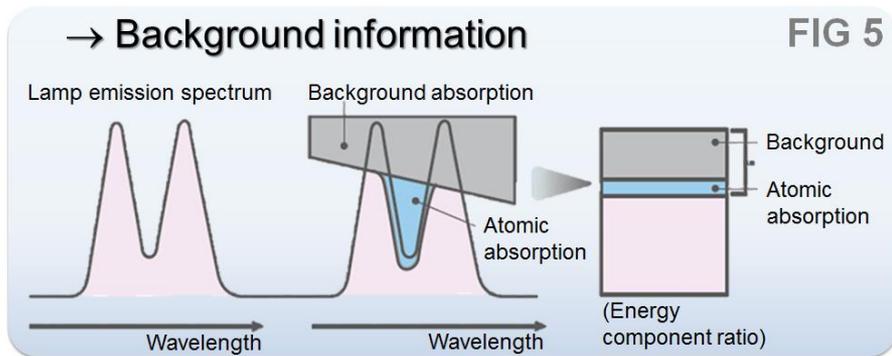
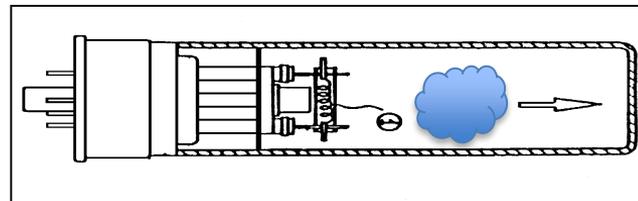
(Lamp energy)  
Wavelength(sample measurement)  
Wavelength

(Energy component ratio)

# Serum Analysis by Furnace AAS (VI)

## ● Self-Reversal Background Correction

- Corrects line overlapping
- Corrects structured backgrounds



- With SR correction, the recovery is 108% (10.1 ppb instead of 9.3)
- Can be applied for flame and furnace

# Summary

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## ● Flame

- Ideal for electrolytes and high concentrated elements (Lithium)
- Double beam optics ensure high sensitivity for low Abs. (Copper)

## ● Furnace

- The correct graphite tube selection is important
- Platform tubes are most matrix tolerant
- Latest developments (3way valve) ensure utmost sensitivity (Selenium)
- Lower sensitive programs eliminate background issues (Zinc)
- Highly sophisticated background technics should be considered (Chromium)

# Thanks!

**For more information visit us  
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